

PRACTICE SCHEDULE

Starting May 7 @ Terry Parker High School

PRACTICE is MONDAY through FRIDAY

Time	Age Group
4:30 – 6:00pm	11 & up; must be able to swim a 100 comfortably
6:00 – 7:00pm	8 & unders; novice 9-10 year olds
7:00 – 8:00pm	Advanced 8 year olds; 9 – 10s; novice 11 & up; must be able to swim a 50 comfortably

June 4 – July 26 @ Ft. Caroline

MORNING PRACTICE is MONDAY through FRIDAY

Time	Age Group
7:15 – 9:00 am	11 & up, advanced 9-10s
9:00 – 10:00 am	10 & under

EVENING PRACTICE is MONDAY through THURSDAY

Day/Time	Age Group
6:00 – 7:00 pm	10 & under
7:30 – 8:45 pm	11 & up; advanced 9-10s

Please try to adhere to the practice schedule as listed, as it is beneficial for swimmers to practice with their age group/ability level.